

Department of Veterans Affairs Employee Education System

presents

Course Number: 03. ST. CAR. ALLH.A

RESULTS OF ALLHAT: THE LARGEST HYPERTENSION TRIAL EVER

(VIDEO TAPE OF ORIGINAL SATELLITE BROADCAST - 60 MIN.)

Place: Your local facility. Location for viewing a recording is at viewer discretion and as your

facility's resources permit.

This presentation will provide the principal results of the Antihypertensive and Lipid-Lowering Purpose:

> Treatment to Prevent Heart Attack Trial (ALLHAT) funded by the National Heart, Lung and Blood Institute in collaboration with the Department of Veterans Affairs. ALLHAT's primary objective was to determine whether the combined incidence of fatal coronary heart disease (CHD) and nonfatal myocardial infarction differs between diuretic based and alternate antihypertensive pharmacological treatment with an angiotensin converting-enzyme inhibitor, a calcium channel blocker, or an alpha blocker. Other important objectives were to compare the effects of these drugs on other major cardiovascular outcomes and in various

groups of patients.

It is estimated that over 40 percent of veterans have hypertension which is fundamentally and closely interrelated with a number of other diseases that are prevalent in veterans. Approximately 30% have cardiac problems, 30% have pulmonary conditions, 20 percent have diabetes, and almost 15 percent have cancer. In the wake of the ALLHAT study findings and clinical recommendations for antihypertensive medication therapy, it is crucial for the VA to take a more systematic approach to the treatment of hypertension and achieving long-term blood pressure control. This program is first in a series to include the Joint National Committee VII Guidelines and VA/DoD Guidelines, and recommendations for antihypertension medication treatment and clinical reminders in the Vitals Signs Package. This broadcast is a stand-alone educational activity, requiring participant viewing only.

Target Physicians, nurses, pharmacists, dietitians, other primary care staff, and DoD clinical

Audience: providers.

Accreditation/ Accreditation Council for Continuing Medical Education (ACCME)

Approval: The VA Employee Education System is accredited by the Accreditation Council for Continuing

Medical Education to provide continuing medical education for physicians.

American Nurses Credentialing Center (ANCC)

VA Employee Education System is accredited as a provider of continuing nursing education by

the American Nurses Credentialing Center's Commission on Accreditation.

For more information about the products and services provided by the Employee Education System (EES), visit our website at http://vaww.ees.lrn.va.gov/.

Continuing Accreditation Council for Continuing Medical Education (ACCME)

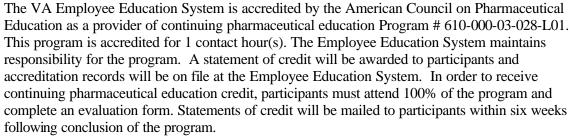
Education The VA Employee Education System designates this educational activity for a maximum of 1 **Credit:** hour in category 1 credit towards the American Medical Association Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. This activity is certified to provide continuing education credit to practitioners seeking category 1 AMA PRA credit when viewed live, scheduled rebroadcast or a recording.

American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for 1.2 contact hours in continuing nursing education

This activity is certified to provide credit to practitioners seeking ANCC credit when viewed live or scheduled rebroadcast or a recording.

Accreditation Council on Pharmaceutical Education (ACPE)



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Training:

Report of It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Program Schedule:	
Opening Credits:	
Moderator Introduction	
Opening Comments:	The Honorable Robert H. Roswell, MD
Topic Outline:	William Cushman, MD
ALLIIAT Study Design and Detignals	

- □ ALLHAT Study Design and Rationale.
- □ Overall study recruitment and VA participation.

- □ Comparison of antihypertensive drugs on coronary events, stroke, all-cause mortality, overall cardiovascular disease and heart failure in all participants and in important groups of patients.
- □ Overall conclusions about first-step therapy and superiority of thiazide-like diuretics.
- □ Blood pressure control and antihypertensive medication therapy.
- □ Conclusions regarding the calcium channel blocker and the ACEI to thiazide-type diuretics.
- □ Significance to VA.
- □ Comparisons to other recent antihypertensive trials.

Q&A with Audience

William Cushman, MD Stephen J. Giddings, PhD, MD

Moderator Closing

Closing Credits

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